

Alana Joy Scott, NJLMT #18KT00317900
Lakehurst, NJ 08733
alanascottmassagetherapynj@gmail.com
www.alanascott.massagetherapy.com
theartofjoywellness.square.site

Objective

With the experience acquired, I am currently looking for a position that I feel comfortable with and will work with hours of availability. What I have learned along the way is that Massage Therapy is for the good of the client and the therapist by reassuring you've helped someone along the journey to feel more relaxed and heal themselves from the inside out.

Experience

Coastal Volunteers in Medicine
Forked River NJ

No-cost Massage offered to low income communities with no health insurance.
August 2024- Current

Alchemy Mind and Body Spa
Princeton NJ

Massage Therapist
Perform modalities of massage and spa treatments.
November 2023-Current

The Art of Joy Wellness LLC

Mobile Massage and CranioSacral Therapy
Massage Therapy/Owner/Operator
Mobile massage therapist bringing massage and wellness to homes, workplaces and offices.
December 2022-Current

Journeys Wellness Services

Toms River NJ
Massage Therapist with NPI #
Perform Therapeutic services due to physicians referrals and scripts within an integrated wellness center.
March 2022-September 2022(Closed Business)

Milagro Salon & Day Spa dba Atlantic Club
Red Bank NJ

Massage Therapist
Perform Massage Modalities(Swedish, Deep Tissue, Sports, Hot Stone, Prenatal, Couples Reflexology) &
Signature Spa Treatments(Glows and Body Wraps)
December 2019- 2023

Embracing Hospice Care
Wall, NJ

Volunteer Massage Therapist/Emotional Support for Hospice Patients
Volunteer hands on hours for Hospice Patients
January 2018- March 2020

Phoenix Wellness Institute, LLC Dba Body In Mind Massage Institute
Toms River, NJ
Student Clinic Supervisor/Massage Teacher/Licensed Massage Therapist
Supervise students during clinic hands on, Reception and Retail, Teacher during class as hands on instructor.
Swedish, Deep Tissue, Hot Stone, Therapeutic, Prenatal, Reflexology and Oncology Massage.
January 2017- May 2020

Tre' Chic Salon & Day Spa
Lanoka Harbor, NJ
Massage Therapist
Swedish, Deep Tissue, Therapeutic, Prenatal, Reflexology and Spa
Treatments(Body Wraps, Salt Glows and Hot Stone), Stock of Spa Supplies.
January 2008 to March 2018

Hand and Stone Massage and Facial Spa
Toms River, NJ
Massage Therapist/Lead/Trainer
Swedish, Hot Stone Massage, Prenatal, Foot Scrub, Cold Stone Face
Massage, and Lead Therapist(Training new employees in "protocols" and
teaching daily tasks)
August 2003 to October 2012

Center for Health and Healing
Toms River, NJ
Massage Therapist(On Call)
Swedish and Deep Tissue Massage
August 2007 to August 2008

Dimensional Design Salon & Spa
Lakehurst, NJ
Massage Therapist
Swedish & Deep Tissue Massage, Couples Massage, Spa Treatments(Salt
Glows, Body Wraps, Hot Stone), Reflexology, Stock of Spa Supplies, Receptionist.
July 2002 to February 2003

Euphoria Salon Spa
Toms River, NJ
Massage Therapist/Receptionist
Swedish, Deep Tissue, Reflexology, Receptionist.
February 2002 to July 2002

Caesar's Resort/Spa
Atlantic City, NJ
Massage Therapist(On Call)
Swedish, Deep Tissue and Reflexology.
January 2002 to March 2002

Pollack Chiropractic Center
Beachwood, NJ
Massage Therapist(Temporary)
Warm up Massage Before Adjustments and Evaluation of New Clients.

October 2001 to January 2002

Education

Current for CEU's required for NJ state license.

- New Jersey State Licensed Massage Therapist #18KT00317900(Exp. 11/2026)
- Certified Swedish Massage(550 hrs)
- Certified Reiki Usui Level 1
- Certified Reiki Usui Level 2
- Certified Reiki Usui/Holy Fire Level 3
- Certified Reiki Usui/Holy Fire Master/Trainer
- Certified in ACE Massage Cupping
- Spontaneous Muscle Release Technique(SMRT)Certification
- Upleader International Institute
 - CranioSacral Level 1
 - CranioSacral Level 2
- Certified in AHA CPR/First Aid(Exp. 3/2028)
- National Provider Identification #1710575550
- CAQH #15744544
- Certified Oncology Massage
- Intro to Table Thai Massage
- Qigong
- Myofacial Massage
- Neuromuscular Massage
- Active Engagement Techniques
- Aromatherapy
- Insurance Billing for Massage Therapists
- Prenatal and Pediatric Massage
- Angel Ascension Level 1
- Gua Sha Body Treatment Certification

Experience

Prenatal

Reiki

Sports

Deep Tissue

Therapeutic

Hot Stone

Cold Therapy

CranioSacral Therapy

Oncology

Positional Release(SMRT)

Face Treatments

Foot Treatments

Reflexology

All Spa Treatments

Body Wraps

Body Exfoliation

Body Treatments

Children/Teen Massage
Special Needs Massage
Couples Massage

Insured Since 2001:
Associated Bodywork & Massage Professionals
(ABMP) Member #700325

Body Mind & Spirit Learning Alliance
October 2000 to October 2001
Rt. 166 Toms River NJ
Certified Massage Therapist(550 Hrs.)
Swedish & Deep Tissue, Reiki Level 1, Reflexology, Myofascial Release, Spa
Treatments, Intro. to Thai Massage, Intro to Shiatsu, Intro to Polarity and Craniosacral.

Vocational Technical School
September 1997 to June 1999
Completed the full course at the school for Fashion Merchandising.
Education in management, business and design skills needed for any retail development.

SEPAG (Special Education Parent Advisory Group)
Parent Leader/Founder
February 2020-2021
Lakehurst School District

SPAN(State Parent Advocacy Network)
October 2019
SRP/SEVA Certified (Special Education Resource Parent/Special Education Volunteer Advocate)
Completed both courses for parent advocacy and support for special education parents.

NAMI Basic
National Alliance on Mental Illness certification on basic support structures and illnesses(DSM5).
Certification 2006

Nurtured Heart Approach
Behavioral cognitive positive regulation.
Certification 2021