

# HEIDI KIEBLER-BROGAN, MA, LPC, LMHC, NCC

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**908-456-1871**

## Professional Summary

Compassionate and experienced Licensed Professional Counselor with over 30 years of expertise working with individuals, couples, and families. Specializing in mental health therapy, performance/motivational coaching, divorce coaching, co-parenting therapy, life coaching, and executive/business coaching. Skilled in conflict resolution, navigating major life transitions, parenting coordination, organizational consulting. Known for empowering clients to achieve personal and professional growth through evidence-based, client-centered strategies.

## Core Competencies

- Life Coaching & Personal Development
- Executive & Business Coaching
- Individual, Couples & Family Counseling
- Mental Health & Trauma Counseling
- ADHD, Mood Disorders, Anxiety, Depression, Bereavement
- Organizational Consulting & Career Counseling
- Divorce Coaching & Mediation
- Parenting Coordination & Co-Parenting Plans
- Collaborative Divorce Facilitation
- Workshop Facilitation & Public Speaking

## Professional Experience

### IE Counseling – Highlands, NJ

CEO/Owner | Jun 2000 – Present

- Mental health and coaching practice serving individuals, couples, families, and professionals.
- Provide life coaching, executive coaching, and organizational consulting alongside traditional counseling.
- Serve as a consultant and workshop facilitator for corporations, schools, and medical professionals on wellness and performance.

### A Life You Love, LLC – Highlands, NJ

CEO/Owner | Apr 2016 – Present

- Provide coaching and consulting in divorce, life transitions, career change, and personal development.
- Specialize in collaborative divorce, parenting coordination, and co-parenting plan development.
- Offer life coaching and executive/business coaching for professionals navigating career growth, leadership roles, and workplace challenges.
- Support clients post-divorce with reintegration strategies, dating, professional networking, and identity development.

## **Education**

- **Seton Hall University – South Orange, NJ** | M.A., Counseling Psychology, 1993 – Cum Laude
- **Rutgers University – New Brunswick, NJ** | B.A., Psychology, 1991 – Cum Laude
- **Rider University – Lawrenceville, NJ** | Post-Graduate Studies in Organizational Psychology

## **Licensure & Certifications**

- Licensed Professional Counselor (LPC) – NJ #37PC00083500
- Licensed Mental Health Counselor (LMHC) – FL #MH 21018
- National Certified Counselor (NCC) – NBCC #4002
- Certified Clinical Trauma Professional
- Clinically Certified Forensic Counselor – NAFC #18948
- NJ Divorce Mediator
- NJ Collaborative Divorce Coach
- Parenting Coordinator

## **Professional Affiliations**

- Association of Family and Conciliation Courts – NJ Chapter
- National Association for Divorce Professionals
- American Counseling Association
- American Mental Health Counselors Association
- International Academy of Collaborative Professionals
- NJ Association for Marriage and Family Counselors
- NJ Association for Professional Mediators
- NJ Collaborative Law Group
- NJ Counseling Association – Board of Directors
- NJ Mental Health Counselors Association – President, Past-President, Member-at-Large
- Recipient: AMHCA “Outstanding Consumer Service Award” – 2017
- Named “Best 2020 Social Service and Welfare Organization”